

CDC 24/7

Stopping the Threat of Anti-Microbial Resistance



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CDC strategic directions



health care collaboration

Perfect storm of vulnerability



Key strategies

- Prevent infections
- Track resistant infections
- Improve use of antibiotics (stewardship)
- Find new drugs

Carbapenem-resistant Enterobacteriaceae (CRE)



Multidrug-resistant organisms, including CRE, pose a significant public health threat

- Most common type of CRE is resistant to almost <u>ALL</u> antibiotics
- New and frightening resistance patterns emerging
- CRE has spread across US found in one state in 2001, now spread to 38 states

Outbreaks show importance of longterm care, acute care, and nursing homes as source of HAIs in hospitals

 Regional prevention efforts effective in preventing infections (e.g., Chicago, Florida)

Enteric diseases becoming increasingly resistant to antibiotics

Salmonella Typhi (typhoid fever) resistance/partial resistance to ciprofloxacin







Campylobacter resistance to ciprofloxacin

Antimalarial artemisinin drug resistance is growing in South-East Asia

Percentage of cases positive for malaria on day 3 after ACT



- Antimalarial ACT drug therapies increasingly ineffective
- No new drug class expected for >5 years
- Need for better control of malaria to
 - Prevent worsening drug resistance
 - Slow disease spread

WHO. Update on artemisinin resistance, April 2012. Circles represent data before November 2010; triangles data after November 2010.

MDR-TB is a global threat



Source: WHO. Rate among previously untreated patients.

Public health strategies can reduce resistance

- Immunization
- Infection control
- Protecting the food supply
- Antibiotic stewardship
- Outbreak detection and control

Rates of prescribing antibiotics vary widely among states Prescriptions per 1,000 population, 2010



Source: Hicks et al. NEJM 2013;385:1461-2.

Antibiotic stewardship is an effective strategy to prevent AMR

Facility benefits	Antibiotic best practices	Antibiotic stewardship programs are a "win-win"
 Decrease antibiotic resistance Decrease <i>C.</i> <i>difficile</i> infections 	 Ensure all orders have dose, duration, and indications Get cultures before starting antibiotics 	 A University of Maryland study showed one antibiotic stewardship program saved \$17M over 8 years Antibiotic stewardship helps improve patient care and shorten hospital stays
 Decrease costs Improve patient outcomes 	3. Take an "antibiotic timeout," reassessing antibiotics after 48-72 hours	

Advanced Molecular Detection combines cutting-edge approaches



Growth and decline of drug-resistant TB NYC, 1955-2003



Frieden et al. NEJM 1993;328:521-6. Munsiff et al. Clin Infect Dis 2006;42:1702-10.

C. diff infections declined sharply after revision of antibiotics guidelines University Hospital Lewisham, London, 2005-07



Source: Talpaert et al. J. Antimicrob Chemother 2011;66: 2168-74.



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